



A weekly publication for Le Bonheur Associates.

# express

August 31, 2014

## Tucker wins Family Choice Award



Fetal Center Program Director **Janet Tucker** was honored with the 2014 Family Choice Award at the Family Partners Council meeting on Aug. 19. Pictured above, Family Partners Council Chair Robert Wilson, left, and Director of Family-Centered Care **Tim Flack**, right, present Janet with the award.

Each year, the Le Bonheur Family Partners Council presents the Family Choice Award - our hospital's highest honor - to a health care worker who incorporates the principles of family-centered care into his or her daily work. Fetal Center Program Director **Janet Tucker** has been named the 2014 Family Choice Award recipient.

The following is an excerpt from Janet's nomination letter, submitted by Child Life Manager **Lauren McCann**.

"When she came to Le Bonheur in 2009, Janet - a self-described 'adult nurse' - quickly realized the pediatric world offers many services to which she was not accustomed. Janet jumped right in to learning what Le Bonheur has to offer patients and families, and since the Fetal Center's opening, Janet has put her heart and soul into constantly learning and developing new and improved ways to provide access to multi-disciplinary care. Fetal Center families now see many pediatric subspecialists, social workers, chaplains, child life specialists, parent mentors and other disciplines.

Janet also looks to outside organizations, such as the Down Syndrome Association, to acquire expertise and guidance for numerous families. All of this coordination and communication rests solely on her shoulders, and her work is truly amazing.

Janet clearly recognizes that each family is unique, so she structures appointments based on each family's feedback and requests. She never assumes she knows what is best for a family; instead, she engages them in their plan of care to meet their specific needs. Janet always tries her best to meet families where they are and support them in any way she can. She is gifted in this area.

I cannot imagine the Fetal Center without Janet. She gives her all to her patients and families and is often an unsung hero in the family's support system. All specialties that provide care to Fetal Center families are included because of Janet's insight and desire to provide the best for her patients. I am thankful to have learned from Janet throughout the years and have been able to see how far her reach stretches. She is extremely deserving of the 2014 Family Choice Award, and my hope is that Janet is recognized for her service and the patient-and family-centered care she provides each day."

Please congratulate Janet on this honor as you encounter her around campus. She will be recognized at the October Town Hall meetings.

## Food Pantry drive is Sept. 15-19

Le Bonheur's Food Pantry, which serves patients and families, needs to be replenished. Associates who donate five or more items to the pantry will receive a coupon for a free Chick-Fil-A chicken sandwich. Some needed items include:

- microwavable soups, pastas, macaroni & cheese bowls, etc.
- granola and breakfast bars
- fruit cups, raisin packets and other dried fruits
- individually packaged crackers, chips or other snacks
- bottles of water and juice boxes
- tuna fish and chicken salad kits

All donated items must be individually packaged, self-opening and non-refrigerated. Drop off food items at Volunteer Services in the Research Center, Lobby Level. For more information or a complete list of needed items, call 287-5225 for more information.

## NEJM publishes RSV breakthrough



Pictured above, second from right, Le Bonheur Children's Foundation Research Institute's leading RSV researcher, Dr. John DeVincenzo, was recently published in the *New England Journal of Medicine* for major developments toward an antiviral treatment for RSV.

A breakthrough in respiratory syncytial virus (RSV) research by Infectious Disease Specialist John DeVincenzo, MD, was published in the Aug. 21 issue of the *New England Journal of Medicine*. The antiviral treatment has safely reduced the viral load and clinical illness of healthy adult volunteers intranasally infected with RSV in a clinical trial. DeVincenzo serves as medical director of the Molecular and Viral Diagnostics Laboratories at Le Bonheur.

Le Bonheur researchers are exploring new vaccines and treatments for RSV - the most common cause of lower respiratory tract infections in young children in the United States and worldwide. In the past 15 years, our physicians and researchers have developed the largest collection of RSV samples in the world, and their work with RSV is opening doors for related research in fields like asthma, influenza and pneumonia. The researchers are working toward a better understanding of these conditions, viable drug therapies and brighter futures for children.

RSV hospitalizes 125,000 children in the United States each year and was the cause for 1.5 million annual outpatient visits, according to the Centers for Disease Control and Prevention (CDC). To learn more about ongoing RSV research at Le Bonheur's Children's Foundation Research Institute, visit [lebonheur.org/viralfix](http://lebonheur.org/viralfix) or stop by the hospital Event Space to view our current research exhibit.

## make holiday cards for heroes

The American Red Cross has asked MLH to support its efforts during this year's Holiday Card Drive. As an organization with more than 11,000 Associates, our goal is to create 11,000 cards for U.S. troops. The cards will be sorted and mailed to troops around the world in December. Cards are also delivered to National Guard and Reserve Units, Veterans Medical Centers and Vet Centers. The suggested card size is folded construction paper. Please do not include envelopes, money, pictures, personal information or glitter. Cards may be dropped off at Methodist Affiliated, 6400 Shelby View Drive, Suite 101, or sent by inner-office mail to Methodist Hospice. The card drive runs through Friday, Oct. 31.

## PICU's Downing makes Good Catch



Le Bonheur PICU Nurse **Sarah Downing** was honored with the system's June Good Catch Award for catching a potential medication error before it occurred. Kudos go to Sarah and the Pharmacy team for their attention to detail and quick action.

## save the date

- The **Associate Feedback Survey (AFS)** for all Associates is open Aug. 31-Sept. 15. Participants are encouraged to provide overall feedback about the previous year, and results represent individual, managerial and organizational levels.
- Prediabetes means your blood glucose is higher than normal, but isn't yet diabetes. Factors including age, weight and family history can put you at high risk for prediabetes. Learn more by joining Le Bonheur's weekly **Diabetes Prevention Class**, beginning on Wednesday, Sept. 3, at noon. To learn more or to register for the 16-week session, email [jane.vanderen@mlh.org](mailto:jane.vanderen@mlh.org).
- It's never too early to start planning ahead for the **Pumpkin Run** on Saturday, Oct. 11, at 9 a.m. The race is in its 10th year, and the Pumpkin Run is a wonderful way to raise money, raise awareness and enjoy a beautiful run or walk with friends and colleagues. Visit [www.pumpkinrun.org](http://www.pumpkinrun.org) to register, join a team, make a donation or learn more.

## calendar

**Mon., Sept. 1**  
**Labor Day**

**Wed., Sept. 3**  
8-9 a.m.  
**Grand Rounds**  
Auditorium

5-5:45 p.m.  
**Zumba Class**  
Outpatient Center  
Ground Floor Conf.  
Room



Published for Associates and medical staff of Le Bonheur Children's Hospital. Le Bonheur express is produced by the Le Bonheur marketing & communications services department. Please send information for express to Katherine at: [katherine.whitfield@lebonheur.org](mailto:katherine.whitfield@lebonheur.org) or call her at 287-6030. The **deadline** for information for each issue of express is **Tuesday at noon**. However, please give as much advance notice as possible for both stories and requests for photos.

## Forrest Spence Fund does good



The Forrest Spence Fund - named in honor of Robert Forrest Spence, who passed away in Le Bonheur's PICU in 2007 - assists with the non-medical needs of critically or chronically ill children and their families throughout the Mid-South. Many of the children and families served through the fund are Le Bonheur families. Pictured above, Forrest Spence Fund volunteers hosted a family dinner at Le Bonheur in August, serving dinner to more than 250 patient family members. At right, Forrest Spence Fund co-founder Brittany Spence and her three children, Miller, Austin and Maggie, take part in the Forrest Spence 5K, which is the fund's largest annual fundraiser. The race attracted 1,234 participants and raised more than \$84,000.



### Sept. 1 - 5

### menu

#### Mon., Sept. 1

Vegetarian Chili  
Chicken Tortilla  
Soup  
BBQ Baked Tofu  
Grilled Tuna  
Rosemary Chicken  
Quarters  
Mediterranean  
Chicken Salad  
Green Beans  
Roasted Carrots  
Macaroni and  
Cheese  
Black-Eyed Peas

#### Tues., Sept. 2

Chili  
French Onion Soup  
Meatloaf and  
Gravy  
Pork Loin with  
Mango Chutney  
Chicken Tetrazzini  
Wing Bar  
Fried Okra

Roasted  
Vegetables  
Grilled Brussels  
Sprouts  
Lima Beans

#### Wed., Sept. 3

Potato Cheese  
Soup  
Chili  
Baked Ham  
Salmon with Dill  
Sauce  
Fried Chicken  
Buffalo Chicken  
Wrap  
Sautéed  
Vegetables  
Broccoli and Rice  
Casserole  
Turnip Greens  
Mashed Potatoes  
Vegetable Garden  
Soup

Turkey and  
Dressing  
Eggplant  
Parmesan  
Beef Chopped  
Steak  
BBQ Potato Bar  
Fried Mushrooms  
Green Beans  
Grilled Vegetables  
Sweet Potatoes

#### Fri., Sept. 5

Corn Chowder  
Chili  
Blackened Catfish  
BBQ Chicken  
Cheese Ravioli  
Quesadilla Bar  
Peas  
Baked Beans  
Spicy Collard  
Greens  
Carrot Soufflé