

# express

A weekly publication for Le Bonheur Associates.



## Power of One: Angela Morelli CV Supervisor helps mom feel at home

In the midst of a busy day in the EKG/ECHO department, a young mother sat anxiously in the waiting area with her child, who was in need of some tests. Though she seemed frightened and overwhelmed, the mother sat quietly at first and waited to be called. Soon, though, she became outwardly upset and began voicing concerns and frustrations to one of the department technicians.

The technician worked to comfort the mother and asked Cardiovascular Services Supervisor **Angela Morelli** if she could help alleviate the woman's concerns. Angela sat down with the mother and provided a listening ear. The woman explained that she lived two hours away, had no money, no food, no phone or other means to contact her family and that her 8-month-old baby was scheduled to undergo surgery the next day. She was overwhelmed and did not fully understand the course of events for the next 24 hours.

Angela patiently sat with the mother and explained everything she needed to know. Then she gave the woman her lunch so she could think on a full stomach and loaned her a cell phone so she could contact her family and keep them informed. Angela also gave the mother some money to have food for the evening and prayed with her along with other members of the Cardiovascular Services team.

"You could see that these expressions of compassion eased the mother's concerns," wrote **Tammy Swearingen**, who nominated Angela for the Power of One. "Angela is a very caring person and consistently shows dedication to our patients and families."



Angela Morelli

## Le Bonheur implements new patient education program

Le Bonheur Children's has assembled a multidisciplinary team of Associates to evaluate the current patient education program. The Patient Education Task Force, which focuses primarily on illness education, now serves as the approval body for patient education materials from conception to printed piece. Information Resource Specialist **Leigh Hays Bernil** serves as the contact person for the task force.

The Patient Education Task Force has concentrated on the following priorities: to revise the approval process for the creation and revision of patient education material, to review available printed patient education material, to develop a process for the translation of education material and to investigate the use of available technology for patient education.

A new process for approval and translations of patient education materials has been developed and is available on MOLLI under Education—Patient Education Resources. All patient education material must be approved by the

task force prior to printing.

While Le Bonheur currently uses Apple a Day education materials most frequently, the task force is looking at other commercially available materials that are continually updated. Several companies offer patient education software that updates the information and ensures that the materials contain the newest information.

The task force is also researching ways to incorporate as many multimedia avenues as possible into patient education. The technology package in the new Le Bonheur will provide opportunities for patients to receive education materials and other services through audio/visual means.

"At this point, we want to ensure that any printed materials we have and distribute contain the most accurate information and have both a consistent format and appearance," said Chief Nursing Officer **Kathie Krause**. "The task force is ready to assist anyone who has a need to develop patient education material."

## celebrate Healthcare Week May 11-17

In observance of National Healthcare Week, Le Bonheur Children's is hosting a number of exciting events to honor our Associates and all health care professionals. Please join in the "Around the World in Seven Days" celebration by participating in one or more of the following events:

### Monday, May 11 – Italian Ices

Enjoy Italian ices in the Lower Lobby from noon-2 p.m.

### Tuesday, May 12 – Health Fair

Stop by the Le Bonheur Children's Health Fair in the Auditorium from 11 a.m.-4 p.m. Special thanks to the Health Fair contributors, including Cigna, Medco, EyeMed, Infection Prevention, EAP, Morrisons, Community Outreach, Hope & Healing, Safe Kids, YMCA and more for helping prepare our Associates and their families for a healthier future.

### Wednesday, May 13 – My Big Fat Greek Block Party

Don't miss the Associate event of the year from 11:30 a.m.-1 p.m.

in the parking lot behind the POB. Block party merriment will include food, drinks, music, special gifts and more. The evening block party will take place in the Lower Lobby from 6-7:30 p.m. Wear your togas!

### Thursday, May 14 – Popcorn Day

Snack on popcorn in the Lower Lobby from noon-2 p.m.

### Friday, May 15 – MLH Zoo Night 1

Bring your wristband to the Memphis Zoo for a private party from 6:30-9 p.m. Early admission begins at 2 p.m. and a Corky's dinner buffet begins at 4 p.m. Bring a can of food to support the MIFA food drive and receive a \$1 off coupon for future zoo admission.

### Sunday, May 17 – Weekend Block Party & MLH Zoo Night 2

All weekend Associates are invited to attend a block party in the Lower Lobby from 11:30 a.m.-1 p.m. Associates with wristbands will attend the second system-wide night at the zoo.

## Spence family donates furniture, wagon



The Spence family recently donated a red wagon, a rocker/recliner and subscriptions to parent magazines for the mothers' pumping room on the first floor of Le Bonheur. Pictured here with their son Austin, Brittany and Orthopedic Resident David Spence present gifts in memory of their son, Forrest, who passed away in 2007.

## LEAD celebrates balloon release



In celebration of the NAEYC Week of the Young Child, the preschool students at LEAD recently released balloons from the LEAD parking lot. Attached to the balloons were cards containing information about the class and asking children who find the balloons to write back.

## Eubanks, Helms testify in Nashville

Two Le Bonheur experts recently testified in front of the Tennessee General Assembly's public safety subcommittee in support of a bill that would require children to wear helmets at all times while on All Terrain Vehicles. Dr. Trey Eubanks, trauma medical director, and Susan Helms, R.N., M.A.L.S., director of injury prevention and Safe Kids Mid-South, explained that helmets should be essential protection for ATV riders. The bill is sponsored by Rep. GA Hardaway of Shelby County.

Eubanks explained that 90 percent of children treated at Le Bonheur following an ATV accident are under the age of 15 – more than half were younger than 10 years old. In about 85 percent of those cases the children were not wearing a helmet at the time of the accident.

"There is good scientific data to suggest that helmet use does make a difference both with ATV and motorcycle use," Eubanks said.

Those wearing helmets had less severe injuries and recovered more quickly than those not wearing helmets. Eubanks shared the story of one of his patients who never regained full function after the ATV he and two other children were riding crashed into a building.

Helms also shared that Tennessee is No. 9 in the country for the number of ATV deaths since 1982. "ATVs are inherently difficult to operate for children under the age of 16 who do not have the cognitive and physical abilities to operate these vehicles safely," she said.

Helms also noted that wearing a helmet, specifically an ATV helmet with a face shield, can reduce the risk of injury.

The bill is scheduled to come up for vote soon to advance it to the full committee. To watch the testimony, go to <http://tr.im/kzK5> and click on HB0036 on the left-hand menu.

## calendar

**Mon., May 11**  
Noon-2 p.m.  
**Italian Ices**  
Lower Lobby

**Tue., May 12**  
7:30-8:30 a.m.  
**Weight Watchers**  
Ground Floor  
Conf. Room

11 a.m.-4 p.m.  
**Health Fair**  
Auditorium

**Wed., May 13**  
8-9:30 a.m.  
**Grand Rounds**  
Auditorium

11:30 a.m.-1 p.m.  
**Block Party**  
Behind POB

6-7:30 p.m.  
**Block Party**  
Lower Lobby

**Thurs., May 14**  
Noon-2 p.m.  
**Popcorn**  
Lower Lobby

12:30-1:30 p.m.  
**Weight Watchers**  
Ground Floor  
Conf. Room

**Fri., May 15**  
10:30-11:30 a.m.  
**Nursing Grand Rounds**  
Auditorium

Published for Associates and medical staff of Le Bonheur Children's Medical Center. Le Bonheur express is produced by the Le Bonheur marketing & communications services department. Please send information for express to Katherine at: [whitfiek@lebonheur.org](mailto:whitfiek@lebonheur.org) or call her at 287-6030. The **deadline** for information for each issue of express is **Tuesday at noon**. However, please give as much advance notice as possible for both stories and requests for photos. Want to read express online? Log on to <http://mlh.gomolli.org> and select Le Bonheur under the "Our Facilities" tab.



## A Family Affair raises \$130,000

The Perry family of Bartlesville, Okla. and the Hughes family of Tupelo, Miss. were recently named the Miracle Maker Families of the Year. These families – along with seven others – participated in A Family Affair, a friendly competition among Le Bonheur families that raised more than \$130,000 for Le Bonheur Children's. The Memphis Family Affair raised more than \$98,000, and the Tupelo Family Affair raised \$30,000 in its first year. At right, the Perrys – who raised \$54,000 – are crowned Memphis Miracle Maker Family of the Year. Below, Terri Hughes, left, and her son, Cooper, celebrate with Foundation Special Event Manager **Connie Haygood**, right, after being named Tupelo Miracle Maker Family of the Year for raising \$12,000.



may 10 - 16

menu

**Sun., May 10**  
Chicken Noodle  
Fried Chicken  
Baked Spaghetti  
Green Beans

**Mon., May 11**  
White Bean, Kale  
and Bacon Soup  
Chili  
Baked Chicken (WW)  
Fried Chicken Livers  
Blackened Salmon  
BBQ Nachos  
Baked Spinach  
Macaroni and Cheese  
Okra and Tomato  
Mashed New  
Potatoes

**Tues., May 12**  
Vegetable Beef Soup  
Cheddar Potato  
Shrimp Creole w/Rice  
(WW)  
Pork Loin  
w/Pineapple Salsa  
Chicken Cacciatore  
Pigs in a Blanket

Green Bean  
Almondine  
Baked Parmesan  
Tomato  
Au Gratin Potatoes  
Collard Greens

**Wed., May 13**  
Garden Vegetable  
Soup  
Wild Mushroom  
Bisque  
Balsamic Chicken and  
Mushrooms (WW)  
Herb Encrusted Tuna  
Roast Beef  
Wing Bar  
Garlic Mashed  
Potatoes  
Capri Vegetables  
Corn on the Cob  
Pickled Beets

**Thurs., May 14**  
Red Beans and Rice  
Tomato Bisque  
Southern Oven Fried  
Chicken (WW)  
Grits and Grillades  
Meat Lover's Pizza

Brenda's Stromboli  
Turnip Greens  
Ratatouille  
Green Beans  
Macaroni and Cheese

**Fri., May 15**  
New England Clam  
Chowder  
Chicken and Rice  
Chicken Parmesan  
(WW)  
Fried Catfish  
Braised Turkey Legs  
Taco Salad  
Roasted Roma  
Veggies  
Corn Soufflé  
Green Peas  
Yukon Gold Mashed  
Potatoes

**Sat., May 16**  
Potato Soup  
Beef Lasagna  
Italian Potato and  
Artichoke Frittata  
Roasted Potatoes

*The cafeteria now accepts debit and credit cards.*  
Actual daily offerings are subject to change based on availability of menu items.